



## Patient Information

Name of Patient: \_\_\_\_\_ Date: \_\_\_\_\_  
(last) (first) (middle)

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Other \_\_\_\_\_

**PREFERED CONFIRMATION METHOD:**  TEXT  EMAIL  PHONE CALL

E-Mail Address: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Marital Status:  Single  Married  Other

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Reason for Visit: \_\_\_\_\_

Work Injury: Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, date of injury \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

What information can we share:  Health Information  Billing  Other

List family members, physicians or persons (including phone #) whom we may inform about your medical condition:

\_\_\_\_\_

Who can we thank for referring you: \_\_\_\_\_

May we use your name when thanking them? (if applicable, please circle): YES or NO

### CANCELLATION POLICY

Please arrive 15 minutes prior to your scheduled appointment time. This will allow enough time to fill out and update any needed forms and begin your appointment as close to the scheduled start time as possible. A late arrival may result in the need to reschedule your appointment so that we may best serve you as well as the other clients that day. We ask that you please make any changes to your appointment no less than 24 hours prior to your appointment to avoid any cancellation fees.

**Patients who no-call/no-show their appointments may be subject to cancellation fees.**

I understand that I am responsible for the payment of all services rendered and I agree to follow the established credit policy of this office.

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

### HIPPA NOTICE OF PRIVACY POLICY

I, \_\_\_\_\_, understand Dr. Charles P. Virden's Notice of Privacy Policy (HIPAA) and hereby  request  decline a copy for my personal records.

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_



## PATIENT HISTORY & PHYSICAL

### PATIENT HISTORY

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_ HT: \_\_\_\_\_ WT: \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

PREVIOUS SURGERIES: \_\_\_\_\_

Anesthesia Problems:      Yes    No Heart Problems:                      Yes    No High Blood Pressure:                      Yes    No Stroke/Circulatory Problems:                      Yes    No Bleeding Problems:                      Yes    No Breathing problems:                      Yes    No Seizures or Epilepsy:                      Yes    No Pregnant:                                      Yes    No Diabetes:                                      Yes    No Kidney Problems:                      Yes    No Cancer:                                      Yes    No	Liver Problems:                      Yes    No Thyroid Problems:                      Yes    No Digestive Problems:                      Yes    No Visual or Hearing Problems:                      Yes    No Hepatitis:                                      Yes    No    Type: - Chronic Pain:                                      Yes    No    Location: _____ Do You Smoke?                      Yes    No    Amount? _____ History of:      ESBL      MRSA      C. diff      VRE N/A
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List Current Medications and Supplements: \_\_\_\_\_

Personal Physician: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

### PHYSICIAN'S PHYSICAL EXAMINATION

HEENT	WNL	<input type="checkbox"/>	NOTES: _____
NECK	WNL	<input type="checkbox"/>	_____
LUNGS	WNL	<input type="checkbox"/>	_____
HEART	WNL	<input type="checkbox"/>	_____
BREAST	WNL	<input type="checkbox"/>	_____
ABDOMEN	WNL	<input type="checkbox"/>	_____
GU	WNL	<input type="checkbox"/>	_____
RECTAL	WNL	<input type="checkbox"/>	_____
NEURO	WNL	<input type="checkbox"/>	_____
EXTREMITIES	WNL	<input type="checkbox"/>	_____

IMPRESSION/DIAGNOSIS: \_\_\_\_\_

PLAN: \_\_\_\_\_

PHYSICIAN SIGNATURE: \_\_\_\_\_ M.D. Date: \_\_\_\_\_ Time: \_\_\_\_\_

### NURSE'S NOTES

BP: \_\_\_\_\_ P: \_\_\_\_\_ R: \_\_\_\_\_ HEART & LUNGS CLEAR TO AUSCULTATION: YES NO PHOTOS TAKEN: YES NO  
 LABS ORDERED: CBC UA CHEM PANEL BUN CREAT LYTES BS PT/PTT AUTO-BLD CXR EKG  
 PRE & POST-OP INSTRUCTIONS REVIEWED:  VERBAL WRITTEN

SURGERY FACILITY: \_\_\_\_\_ DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

Rx TO PATIENT: \_\_\_\_\_

PATIENT POST-OP DRIVER & PHONE #: \_\_\_\_\_ PATIENT POST-OP PHONE #: \_\_\_\_\_

NOTES: \_\_\_\_\_

NURSE SIGNATURE: \_\_\_\_\_ R.N. Date: \_\_\_\_\_ Time: \_\_\_\_\_



## Hormone Replacement Fee Acknowledgement

Therapellet hormone replacement is safe and effective, but still not recognized by insurance companies as “alternative” medicine. Despite your treatment being overseen by our Board Certified Phycian, Physician Assistant, and/or Nurse Practitioner, insurance does not recognize it as necessary medicine, and thus not covered by most insurance companies. You are obligated to pay for our services (blood work, consultations, or insertions) at the time of service. If you choose, we will provide a form to send to your insurance company and a receipt showing that you paid out of pocket. We will not communicate in any way with your insurance company.

<b>Consultation Fee*</b> .....	<b>\$150</b>
<b>Lab fee**:</b> .....	<b>\$250</b>
<b>Female Hormone Pellet Insertion Fee***</b> .....	<b>\$350</b>
<b>Male Hormone Pellet Insertion Fee***</b> .....	<b>\$750</b>

### We accept the following forms of payment:

Master Card, Visa, Discover, American Express, Care Credit, Personal Checks and Cash.

\*Consult fees are not applied to pellet insertion, if at your consult you also receive pellet insertion there will be a charge for the consult and pellet insertion. The consult fee is a one time fee to establish you with our practice and a medical practitioner.

\*\*Labwork is required pre-consult to determine if you are a candidate for pellets, if you are a candidate you will have to get another set of labs done post pellet insertion and there will be an additional charge for post labs (males at 4 weeks post insertion and women at 6 weeks post insertion).

\*\*\*Hormone pellets will need to be inserted multiple times a year and there is a fee for each insertion.

**Patient Name (Print):** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## Female New Patient Information

Thank you for your interest in Bio-Identical Hormone Therapy. This is your first step to restore your vitality. In order to determine if you are a candidate for bio- identical hormone replacement, we need laboratory results from you.

We will evaluate your information prior to your consultation to determine if Bio-Identical Hormone Therapy can help you live a healthier life. **Please complete the following tasks before your appointment:**

**2 weeks or more before your scheduled consultation:** Get your blood drawn at the laboratory of your choice (ex: Quest Laboratory or LabCorp). We request the tests listed below. It is your responsibility to find out if your insurance company will cover the cost, and which lab to go to.

**\*IF YOU ARE NOT INSURED OR HAVE A HIGH DEDUCTIBLE, YOU CAN PAY OUR OFFICE \$250 which will cover your initial blood panel and post pellet panel. Please note that it can take up to two weeks for your lab results to be received by our office.**

### **Your blood work panel MUST include the following tests:**

Estradiol  
FSH  
Testosterone, Total  
TSH  
T4, Total  
T3, Free  
T.P.O. Thyroid Peroxidase  
Vitamin D, 25-Hydroxy  
Vitamin B12  
CBC (optional)  
CMP (optional)

### **Female Post Insertion Labs Needed at 6 weeks:**

FSH  
Testosterone, Total  
Estradiol  
TSH, T4 Total, T3 Free (**Needed only if you've been prescribed thyroid medication at visit**)

We look forward to seeing you for your appointment on: \_\_\_\_\_



## Female Patient Questionnaire & History

### Habits:

- ( ) I smoke cigarettes or cigars \_\_\_\_\_ a day.
- ( ) I drink alcoholic beverages \_\_\_\_\_ per week.
- ( ) I drink more than 10 alcoholic beverages a week.
- ( ) I use caffeine \_\_\_\_\_ a day.

### Medical History (if not listed on H&P)

Current Hormone Replacement Therapy: \_\_\_\_\_

Past Hormone Replacement Therapy: \_\_\_\_\_

Nutritional/Vitamin Supplements: \_\_\_\_\_

Last menstrual cycle (estimate year if unknown):

\_\_\_\_\_

Other Pertinent Information: \_\_\_\_\_

### Preventative Medical Care:

Date of last pap smear: \_\_\_\_\_

Date of last Mammogram: \_\_\_\_\_

Date of last Bone Density: \_\_\_\_\_

#### Do you have a history of:

- ( ) Breast Cancer
- ( ) Uterine Cancer
- ( ) Ovarian Cancer
- ( ) None of Above

#### Have you had:

- ( ) Hysterectomy with removal of ovaries.
- ( ) Hysterectomy (removal of uterus only)
- ( ) Oophorectomy (Removal of Ovaries only)

#### Birth Control Method:

- ( ) Menopause.
- ( ) Hysterectomy.
- ( ) Tubal Ligation.
- ( ) Birth Control Pills.
- ( ) Vasectomy.
- ( ) Other: \_\_\_\_\_

#### Please mark any Medical Illnesses:

- ( ) High blood pressure.
- ( ) Heart bypass.
- ( ) High cholesterol.
- ( ) Hypertension.
- ( ) Heart Disease.
- ( ) Stroke and/or heart attack.
- ( ) Blood clot and/or a pulmonary emboli.
- ( ) Arrhythmia.
- ( ) Any form of Hepatitis or HIV.
- ( ) Lupus or other auto immune disease.
- ( ) Fibromyalgia.
- ( ) Trouble passing urine or take Flomax Avodart.
- ( ) Chronic liver disease (hepatitis, fatty liver, cirrhosis).
- ( ) Diabetes.
- ( ) Thyroid disease.
- ( ) Arthritis.
- ( ) Depression/anxiety.
- ( ) Psychiatric Disorder.
- ( ) Cancer (type): \_\_\_\_\_ Year: \_\_\_\_\_



## Female Patient Symptom Checklist

Please check all of your symptoms and indicate severity.

0=Never 1=Mild 2=Moderate 4=Severe

Symptom	Never	Mild	Moderate	Severe
Depressive Mood				
Fatigue				
Memory Loss				
Mental Confusion				
Decreased Sex Drive/Libido				
Sleep Problems				
Mood Changes				
Irritability				
Tension				
Migraines/Headaches				
Difficult to Climax Sexually				
Bloating				
Weight Gain				
Breast Tenderness				
Vaginal Dryness				
Hot Flashes				
Night Sweats				
Dry and/or Wrinkled Skin				
Hair Loss				
Sensitivity to Cold				
Swelling				
Joint Pain				